VIRTUAL
ANNUAL UPDATE IN CARDIOVASCULAR DISEASES
SATURDAY, NOVEMBER 7, 2020

EDUCATION GEARED TO THE ENTIRE CARDIOVASCULAR CARE TEAM
7.0 AMA PRA CATEGORY 1 CREDIT(S)™, 7.0 ABIM MEDICAL KNOWLEDGE MOC POINTS (MOC),
7.0 CONTACT HOURS OF CONTINUING NURSING EDUCATION (CNE), 3.0 PHARMACOTHERAPEUTIC NURSING CONTACT HOURS
(CNERx) AND 3.0 CONTACT HOURS (0.300 CEUs) OF THE ACCREDITATION COUNCIL FOR PHARMACY EDUCATION (CPE)

FEATURED SPEAKERS FROM ACROSS MISSOURI ON TOPICS SUCH AS INNOVATION IN THE PRACTICE OF CV MEDICINE, CLINICIAN
WELL-BEING, ISCHEMIC HEART DISEASE, HEART FAILURE, PEDIATRIC CARDIOLOGY, CV TEAM MANAGER TRACK, CATH LAB
MANAGER TRACK, FELLOWS IN TRAINING ORAL ABSTRACT, COMPETITION, AND NUCLEAR STRESS TESTING IN 2020: A DEBATE

KEYNOTE SPEAKER:
AMI BHATT, M.D., F.A.C.C.

PROGRAM CHAIR:
GABRIEL SOTO, M.D., PH.D., F.A.C.C., F.H.R.S.

PROGRAM VICE CHAIR:
ANNA GRODZINSKY, M.D., F.A.C.C.

JOINTLY PROVIDED BY:
THE AMERICAN COLLEGE OF CARDIOLOGY FOUNDATION
AND
THE MISSOURI CHAPTER OF THE AMERICAN COLLEGE OF CARDIOLOGY
We are pleased to present the 2020 Missouri ACC Annual Update in Cardiovascular Diseases VIRTUALLY on November 7, 2020. This meeting will showcase the wide breadth of cardiovascular medicine that is present throughout Missouri. We will also be featuring other nationally recognized speakers including ACC President, Athena Poppas, M.D., F.A.C.C., Ami Bhatt, M.D., F.A.C.C. from Massachusetts General Hospital in Boston, MA, and Laxmi Mehta, M.D., F.A.C.C. from Wexler Medical Center, The Ohio State University in Columbus, OH.

This meeting will feature speakers from around the state speaking on a variety of cardiovascular disease topics in both plenary and breakout sessions for the whole cardiovascular care team. Topics include: prevention, ischemic heart disease, heart failure and pediatric cardiology. Fellows In Training from across the state will participate in Poster Competition and Oral Abstract Competition. The winners will represent the chapter at ACC.21 We will again offer a track with special topics tailored to CV Team members.

NEW THIS YEAR: We will offer an education track designed specifically for Cath Lab Technicians.

We will also have a lively debate on Nuclear Stress Testing in 2020: A Proven Diagnostic Tool for the Modern Era or an Antiquated Relic?

We will close our the day with our Women in Cardiology Meeting.

We ask that you support this very important and informative meeting.
Ami Bhatt, M.D., F.A.C.C.
Massachusetts General Hospital, Boston, MA

Laxmi Mehta, M.D., F.A.C.C.
The Ohio State University, Columbus, OH

Athena Poppas, M.D., F.A.C.C.
Rhode Island, Miriam and Newport Hospitals
East Providence, RI

Anastasia Armbruster, Pharm.D., B.C.P.S.
St. Louis College of Pharmacy, St. Louis, MO

Tim Bateman, M.D., F.A.C.C.
Saint Luke’s Mid America Heart Institute, Kansas City, MO

Bryan Beck, M.D., F.A.C.C.
SoutheastHEALTH, Cape Girardeau, MO

Ankit, Bhatia, M.D.
Washington University School of Medicine, St. Louis, MO

Margaret Capriglione, M.S.N., A.N.P.-B.C.
Barnes-Jewish Hospital, St. Louis, MO

Jamie Colombo, D.O.
Barnes-Jewish Hospital, St. Louis, MO

Aarti Dalal, D.O., F.A.C.C.
Washington University School of Medicine, St. Louis, MO

Lori Erickson, M.D., F.A.C.C.
Children’s Mercy Hospital, Kansas City, MO

Mayte Figueroa, M.D.
Saint Louis Children’s Hospital, St. Louis, MO

Gina Frazier, A.P.R.N.
Southeast HEALTH, Cape Girardeau, MO

Anna Grodzinsky, M.D., F.A.C.C.
Saint Luke’s Mid America Heart Institute, Kansas City, MO

Robert Gropler, M.D.
Washington University School of Medicine, St. Louis, MO

Mustafa Husaini, M.D.
Washington University School of Medicine, St. Louis, MO

Glen Iannucci, M.D., F.A.C.C.
Emory University, Atlanta, GA

Andrew M. Kates, M.D., F.A.C.C.
Washington University School of Medicine, St. Louis, MO

Parker Kohlfeld, M.D.
SoutheastHEALTH, Cape Girardeau, MO

Blaire Kulp, N.P.
Saint Louis Children’s Hospital, St. Louis, MO

Andrew Landstrom, M.D., F.A.C.C.
Duke University, Durham, NC

Gloria Lehman, M.D., F.A.C.C.
Saint Louis University Hospital, St. Louis, MO

Kathryn Lindley, M.D., F.A.C.C.
Washington University School of Medicine, St. Louis, MO

Michael L. Main, M.D., F.A.C.C.
Saint Luke’s Mid America Heart Institute, Kansas City, MO

Eric Martin, D.O.
SoutheastHEALTH, Cape Girardeau, MO

Deepa Mokshagundam, M.D., F.A.C.C.
Washington University School of Medicine, St. Louis, MO

Michael Nassif, M.D., F.A.C.C.
Saint Luke’s Mid America Heart Institute, Kansas City, MO

William Orr, M.D., F.A.C.C.
Washington University School of Medicine, St. Louis, MO

Krishna Patel, M.D.
Saint Luke’s Mid America Heart Institute, Kansas City, MO

Lauren Pulley, R.N.
Southeast HEALTH, Cape Girardeau, MO

Sridevi Reddy Pitta, M.D., F.A.C.C.
Cox Health, Springfield, MO

Paul Robison, M.D., F.A.C.C.
SoutheastHEALTH, Cape Girardeau, MO

John Saxon, M.D.
Saint Luke’s Mid America Heart Institute, Kansas City, MO

Lucas Shrum, B.S., R.C.I.S.
Southeast HEALTH, Cape Girardeau, MO

Toniya Singh, M.D., F.A.C.C.
Saint Louis Heart and Vascular, St. Louis, MO

Gabriel Soto, M.D., Ph.D., F.A.C.C.
SoutheastHEALTH, Cape Girardeau, MO

John Spertus, M.D., M.P.H., F.A.C.C.
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Southeast HEALTH, Cape Girardeau, MO

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Children’s Mercy Hospital, Kansas City, MO

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Washington University School of Medicine, St. Louis, MO

Gil Vardi, M.D., F.A.C.C.
St. Louis Heart and Vascular, St. Louis, MO

David White, M.D., F.A.C.C.
Children’s Mercy Hospital, Kansas City, MO

Dominique Williams, M.D.
Washington University School of Medicine, St. Louis, MO

Marion Ybarra, M.D., F.A.C.C.
Washington University School of Medicine, St. Louis, MO
November 7, 2020 Schedule

Pre-Conference Session
7:00 A.M. - 7:50 AM (Optional)

Track 1: ECG Case Reviews
Target Audience: Primary Care Providers and APRNs
Gabriel Soto, M.D., Ph.D., F.A.C.C.

Track 2: ECHO Case Reviews
Target Audience: Cardiologists and FITs.
Sridevi Pitta, M.D., F.A.C.C.

Opening General Session
8:00 A.M. - 9:45 AM
Welcome
Gabriel Soto, M.D., F.A.C.C. Program Chair
Anna Grodzinsky, M.D., F.A.C.C., Program Vice Chair

Session Moderator: Andrew M. Kates, M.D., F.A.C.C.

Keynote Address | Emerging Models in Healthcare Delivery
Ami Bhatt, M.D., F.A.C.C.

Special Focus Speaker | Clinician Well Being
Laxmi Mehta, M.D., F.A.C.C.

ACC Overview | Diversity and Inclusion Initiatives
Athena Poppas, M.D., F.A.C.C.

Missouri ACC Update
Michael L. Main, M.D., F.A.C.C.

Break & Exhibitor Networking
9:45 A.M.-10:00 A.M.

Specialty Session I
10:00 A.M. to 11:30 A.M.
(See Page 5 for Details)

Break & Exhibitor Networking
11:30 A.M.-11:45 A.M.

Debate Session
11:45 A.M.-12:45 P.M.
Nuclear Stress Testing in 2020:
A Proven Diagnostic Tool for the Modern Era or an
Antiquated Relic?
John Spertus, M.D., F.A.C.C. and
Robert Gropler, M.D., F.A.C.C.

Break & Exhibitor Networking
12:45 P.M.-1:00 P.M.

Specialty Session 2
1:00 P.M. to 2:30 P.M.
(See Page 6 for Details)

Closing Remarks
2:30 P.M. - 2:45 P.M.

Women in Cardiology Section Meeting
3:00 P.M.-4:00 P.M.
Moderators:
Sridevi Pitta, M.D., F.A.C.C. and
Anna Grodzinsky, M.D., F.A.C.C.

Learning Objectives:

- Identify and discuss current pharmacologic treatments and devices used in the management of congestive heart failure.
- Discuss health promotion, risk factor modification, wellness strategies and end of life care in the cardiovascular patient,
- Identify and discuss pharmacologic and interventional strategies in the treatment of atherosclerotic heart disease
- Discuss factors in selecting and using medications effectively in cardiovascular patients.
Specialty Session 1: 10:00 A.M.-11:30 A.M.

Track 1:
FIT Oral Abstract Competition
Moderator: Michael L. Main, M.D., F.A.C.C.

Featuring the Top Six Rated Oral Abstracts Selected.

Format: Seven Minute Presentation followed by Five Minutes of Q&A.

All other abstracts will be available for review after the meeting.

Track 2:
APRN Team Members
Moderator: Margaret Capriglione, A.P.R.N., A.N.P.-B.C.


When is a Troponin Not a Troponin | Bryan Beck, M.D., F.A.C.C.

Pre-Recorded Sessions:

Frailty And Prehabilitation: Achieving Best Surgical Outcomes | Paul Robison, M.D., F.A.C.C.

Life’s Simple Seven: A Place for Health Promotion In Patient Care | Parker Kohlfeld, M.D.

Getting To The Heart Of Youth Sports Physicals | Eric Martin, D.O.

Palliative Care Versus Hospice: What Is The Difference | Gina Frazier, A.P.R.N.

Track 3:
Cath Lab Team Members
Moderators: Lucas Shrum, B.S., R.C.I.S. Lauren Pulley, R.N.

Structure of Staffing
• Roles and Responsibilities
• Configuration of Teams
• Scope of Practice

Clinical Orientation
• Use of Designated Clinical Educators
• Formal Textbook Education vs. Technical Aspects
• Structure of Progression Competencies

Career Development
• Opportunities Within the Laboratory
• Opportunities Outside the Laboratory
• Transition from the Laboratory to Industry
November 7, 2020 Schedule

Specialty Session 2: 1:00 P.M.-2:30 P.M.

Track 1: Ischemic Heart Disease
Moderator: Toniya Singh, M.D., F.A.C.C.
Case presentation (IHD)
Krishna Patel, M.D.
PCI Indications for Stable CAD
John Saxon, M.D., F.A.C.C.
Duration of DAPT post-PCI
Sri Pitta, M.D., F.A.C.C.
Management of Stable IHD in Absence of Intervention
Dominique Williams, M.D.
Role of Non-invasive Imaging for Stable IHD
Tim Bateman, M.D., F.A.C.C.
Roundtable Discussion

Track 2: Heart Failure
Moderator: Justin Vader, M.D., F.A.C.C.
Case presentation (HF)
Ankit Bhatia, M.D.
Evolution of Acute HF Rx
Anastasia Armbruser, Pharm.D., B.C.P.S.
Evolution of Chronic HF Rx
Michael Nassif, M.D., F.A.C.C.
Evolution of Device-Based HF Rx
Gil Vardi, M.D., F.A.C.C.
Roundtable Discussion

Track 3: Pediatric Cardiology
Moderator: Aarti Dalal, D.O., F.A.C.C.
Management of Single Ventricle / High Risk Pediatric Patients in the Age of Telemedicine and Technology
Current Single Ventricle Data: Introduction | Jamie Colombo, D.O.
Management Panel: How To Do It Right:
CHAMP Program | Lori Erickson, M.D.
Locus Program | Mayte Figueroa, M.D., Blaire Kulp, N.P.
SLU Program | Gloria Lehmann, M.D.
Exercise and Pediatric Patients: Using Exercise Data to Optimize Care in Congenital Heart Disease
Building a Pediatric Centric EST lab | William Orr, M.D.
Introduction to Exercise/CPET | Mustafa Husaini, M.D.
Interpreting EST in CHD -> How it Should Influence your Practice | David White, M.D.
Pediatric Cardiovascular Manifestations, Updates on the Missouri COVID response
William Orr, M.D., F.A.C.C.

Pre-Recorded Sessions:
Updates on Pediatric Aortopathies | Glen Iannucci, M.D.
Management of VUS Mutations in Pediatric Cardiology Patients | Andrew Landstrom, M.D.
Update on Pediatric Preventative Cardiology | Sarah Studyvin, M.D.
Updates on Use of VADs in Pediatric Patients | Marion Ybarra, M.D.
Updates on Hypertrophic Cardiomyopathy | Deepa Mokshagundam, M.D.

Women in Cardiology Section Meeting
3:00 P.M.-4:00 P.M.

Moderators:
Sridevi Pitta, M.D., F.A.C.C. and Anna Grodzinsky, M.D., F.A.C.C.

[Image of women]
**Statement of Need**
Health care in the 21st century is coming to embrace advanced technologies in an effort to shift toward more individualized, patient-centered and value based approaches that will focus on quality improvement and outcomes measurements. Consequently, it is essential that cardiovascular clinicians not only understand disease and wellness states, but be able to competently and appropriately implement new diagnostic and therapeutic modalities.

**Target Audience**
This course is designed for Cardiologists, CV Surgeons, Anesthesiologists, Internists, Primary Care Physicians, Physician Assistants, Nurse Practitioners, and other health care providers and CV Team Members.

**Accreditation**
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American College of Cardiology Foundation and the American College of Cardiology, Missouri Chapter.

The ACCF is accredited by ACCME to provide continuing medical education for physicians.

Further, the American College of Cardiology Foundation (ACCF) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

The ACCF designates this live educational activity for a maximum of 7.0 AMA PRA Category I Credit(s)™

The ACCF designates this live education activity for a maximum of 7.0 continuing nursing education contact hours. This includes 3.0 Pharmacotherapeutic nursing contact hours.

Physicians and nurses should claim only the credit commensurate with the extent of their participation in the activity.

While offering credits noted above, this program is not intended to provide extensive training or certification in the field.

**Grant**

**Acknowledgment**
At the time of printing, a complete listing of industry supporters was not available. Appropriate acknowledgment will be made upon confirmation of support at the time of the program.

**ACCF Disclosure/Conflict of Interest**
ACCF/Chapter committee members, faculty, staff and other individuals who are in a position to control the content of this activity are required to disclose all relevant financial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients. All relevant potential conflicts of interest that are identified are thoroughly vetted through a process that includes course directors and appropriate peer review by education committee chairs/members, for fair balance, scientific objectivity and validity, patient care and safety recommendations. Full disclosure can be found in the course materials.
Location
Virtual

Registration/Payment Policy
Your full payment in advance completes your registration and ensures enrollment in this course. If you have not received an acknowledgment within two weeks of your registration submission, please contact us at (314) 416-2275. Opportunities for on-site registration are limited, and may be unavailable. To inquire about the ability to register on-site, please contact us at (314) 416-2275.

Ways to Register
• Online: Secure online registration is available at www.moacc.org
• Mail: Complete this form with payment and mail to MO ACC, 2650 S. Hanley Rd., Ste. 100, St. Louis, MO 63144
• Phone 314-416-2275 (please have credit card information ready)
• Fax: Complete this form with payment information and fax to: 314-845-1891

Special Needs
The ACC Missouri Chapter fully complies with the legal requirements of the Americans with Disabilities Act rules and regulations thereof. If any participant of this meeting is in need of accommodations, please do not hesitate to submit written requests at least one month prior to the course date.

For Further Course Information
ACC Missouri Chapter, Beth Quick-Andrews, CAE
P: (314) 416-2275  F: (314) 845-1891
e-mail: MOACC@qabs.com

Fees:
ACC Members
____ Physician: $75
____ APRNs: $60
____ Cath Lab Technicians: $25*

Non ACC Members
____ Physician: $149
____ APRNs: $85
____ Cath Lab Technicians: $25*

*Waived if your Institution is Sponsoring the Conference.

Fees include enrollment, continuing education credits, educational materials.

Cardiology Fellows may attend course at no charge.
Please fax note from Fellowship Training Director indicating status as trainee to 314-845-1891.

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